Compassionate Citizenship Program Value Education Program of COVA in Collaboration with Education Department, Government of Telangana Report of Project Works Display 03rd April 2025- Hyderabad



Telangana Trends Trending News, Unbiased and Unfiltered

Students Showcase Innovative Solutions at Project Works Display Program Apr 3, 2025



Scaling Up the Compassionate Citizenship Program

Hyderabad, April 3, 2025: The Project Works Display Program organized in Hyderabad showcased students' research and initiatives on pressing social issues, including *Climate Change: Concerns and Corrections; Eve Teasing: Problem and Remedies; Sensitivity and Care for the Differently Abled.* The event, attended by prominent educationists and activists, highlighted the need for experiential learning and social advocacy to foster responsible and compassionate citizens.

Inculcating Values through Education

Speaking at the event, Prof. P.L.V. Rao, Member, Telangana Education Commission, emphasized the importance of education in fostering values of compassion, equality, equity, secularism, and harmony—all enshrined in the Indian Constitution. He stressed that no societal progress is possible without peace and harmony and that education should not only impart knowledge but also nurture creativity and imagination. Prof. Rao expressed hope that programs like the *Compassionate Citizenship Program* would be replicated across the country.

Chronicle

STUDENTS SHOWCASE WORKS ON SOCIAL ISSUES

DC CORRESPONDENT HYDERABAD, APRIL 3

Students of Classes VII to IX from 30 schools presented over 100 projects on climate change, eve-teasing and inclusion of the differently abled as part of the compassionate citizenship programme. Developed by the Confederation of Voluntary Associations (COVA) and integrated into Telangana's moral education curriculum, the initiative will soon be expanded to 3,000 schools.

The projects' display, held on Thursday in Hyderabad, bro-ught together students from government, private, corpor-ate, KGBV and residential sc-hools. Through fieldwork, interviews and community engagement. students explored real-world issues, documented challenges and proposed prac-tical solutions. Their reports included insights from vic tims, officials and community elders, along with documented actions taken individually and collectively.

Addressing the students, Telangana Education Commission (TEC) member Prof. P.L. Vishweshwar Rao emphasised the need for education to extend beyond academics to foster compassion, equality and secularism. He highlighted creativity and imagination as key drivers of societal progress.

Prizes and certificates were by peace Siddiqui, awarded activist Gufran climate activist Nikita Naidu, gender Amina Nilofer experts and Jyotirmaya Jandhyam. women's rights activist Noor Jahan Siddiqui and inclusion resource persons Dhanaunjay and Sumaira. The event was dedicated to the memory of Egbert Samraj, Dr Anand Raj Varma, Omim Maneckshaw Debara and Naheed Banu, former presidents of COVA Peace Network.

Mr. Zayaan Babukhan, Guest of Honour, lauded the *Compassionate Citizenship Program* for encouraging students to explore social issues beyond textbooks and classrooms. He noted that such initiatives address crucial yet often overlooked topics, making a significant impact on society.

Scaling Up the Compassionate Citizenship Program

Recognizing the potential of the *Compassionate Citizenship Program* developed by **COVA**, the **Education Department of the Covernment**

the Education Department of the Government of



Telangana has integrated it into the **Moral Education curriculum**. The program is set to expand across **3,000 schools in Telangana**, empowering students with **experiential learning and social advocacy skills**.

Students from **government**, **private**, **and residential schools** engaged in field studies, interacting with various stakeholders, including victims of eve teasing, the differently abled, and officers of **SHE Teams**. For climate change research, students interviewed senior citizens to understand water table depletion, encroachment on lakes, and rising climate extremes over the past 30 years.

Project Works and Awards

The event culminated in students preparing **Project Work Reports**, where they compiled findings from field visits, secondary sources, identified key problems, proposed solutions, and documented actions taken. The top **100 project works** from **30** schools were exhibited, showcasing innovative solutions and social action.



Prominent speakers and activists, including Mr. Gufran Siddiqui (Peace Activist, Ayodhya), Ms. Nikita Naidu (Climate Activist), Ms. Amina Nilofer, Ms. Jyotirmaya Jandhyam (Gender Experts), Ms. Noor Jahan Siddiqui (Women's Activist), Mr. Dhananjay, and Ms. Sumaira (Resource Persons for Differently Abled) and Mr. Ateeq Iqbal addressed the students and distributed prizes and certificates.

Honoring COVA's Legacy

The event was dedicated to the memory of **Mr. Egbert Samraj, Dr. Anand Raj Varma, Mr. Omim Maneckshaw Debara, and Ms. Naheed Banu**—former presidents of **COVA Peace Network**, who played a pivotal role in shaping the organization's three-decade journey.



A Future of Socially Aware Citizens

Every year, students participating in the *Compassionate Citizenship Program* propose **creative and practical solutions** for the social issues they research. Their initiatives aim to drive **policy changes, community engagement, and individual action**.

NASIM Foundation, USA and ICAN are Partners of Compassionate Citizenship Program and the Project Works Displat Program was sponsored by Khaja Muhammedullah Khan and in Memory of Kasba Ramaiah.



Hyderabad: COVA project works display on various social issues by students on April 3

Best projects by students on the subjects such as Sensitivity for the Differently Abled, Climate Change and Eve-Teasing Problem and Remedies will be part of the display By <u>Telangana Today</u> Publiched Date - 3 April 2025 12:23 AM

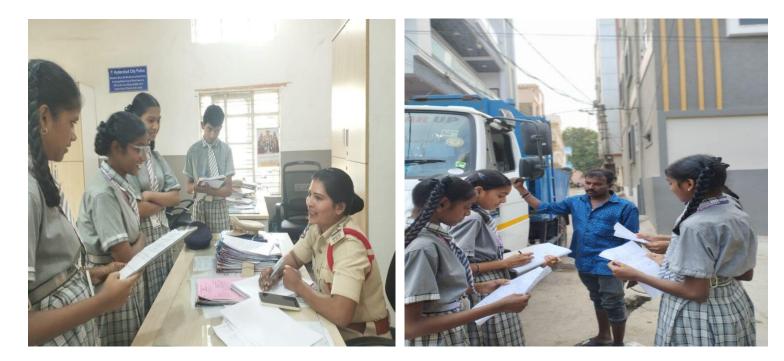
Published Date - 3 April 2025, 12:33 AM

Hyderabad: Confederation of Voluntary Associations (COVA) is organising a display of the project works highlighting various social issues by students from across Hyderabad from 9.30 am to 3.30 pm on Thursday at COVA, Bandlaguda, Chandrayangutta.

Best projects by students on the subjects such as Sensitivity for the Differently Abled, Climate Change and Eve-Teasing Problem and Remedies will be part of the display, being organised as part of Compassionate Citizenship Programme by COVA in collaboration with State Education Department, Mazher Hussain of COVA in a press release said.

Hyderabad: 'Game for Peace' by COVA on Jan 13

Prof PLV Rao and former IAS officer and faculty from MCRHRD, Amir Ullah Khan and others will take part in the inauguration and valedictory function.



Mazher Hussain Executive Director COVA Peace Network Hyderabad, India Email: <u>mazher@covanetwork.org</u> Whatsapp:.+91 9394544244



Summary of Findings of Project Works by Students 2024-25



Findings of Project Works on Differently Abled- 2024-25

Observations from Field Visits:

- 1. In most of the houses basic facilities were also not available for disabled persons.
- 2. Family members often face significant challenges like financial, health, emotional, and societal
- 3. In some localities disabled people live in utter poverty, facing many challenges.
- 4. Some disabled people were fortunate to live with their families where they are taken care of for everything. Their basic needs are met with empathy.
- 5. Some unfortunate disabled people are found living on their own struggling every second to face life challenges. Their family members have disowned them and they are forced to live on the streets begging and facing the challenges of life.
- 6. In some houses family members are facing the societies in human behavior who never give up teasing and making fun of the disabled.
- 7. Some families are embarrassed and ashamed to introduce a disabled person as their family member.
- 8. In some localities disabled people who are begging on the streets to meet their basic needs are robbed of their money by local goons

Recommendation for Solutions:

- 1. The government should provide free special schools with specially trained teachers.
- 2. Financial support to be provided by the government to enable people to live an independent stress-free life.
- 3. Disabled persons without family should be given hostel facilities with all amenities.
- 4. Organize fundraising events, mobilize many people, and create support groups.

5. The media should take the initiative to make people aware of the lives of disabled people. They should promote the idea of togetherness and empathy as its influence reaches far and wide.

6. NGOs should also help the government in taking some responsibility and help in this cause.

7. Every disabled person's inborn talent is to be discovered either by schools, social organizations, or support groups and encourage these talents to flourish so that the person feels confident and faces the challenges of life with courage. He should be made to understand that his talent is an important contribution to society.

Suggestions for Action:

1. Give a helping hand to disabled people

2. Respect them as equals and treat them as normal people.

3. Suggest them to utilize the facilities provided by the Government.

4. Many are not aware of Government Schemes, for the same reason a survey to be conducted and proper guidance and help to be provided.

5. Educating the family members to deal with these people with empathy and passion.

6. Listening carefully to a disabled person to make them more confident in expressing their ideas and the difficulties they face in daily life.

7. Disabled people should be given full independence to make their own decisions.

8. Building inclusive attitudes will directly combat and disrupt the stigma many people living with disabilities still face.

9. Appreciate disabled people's small achievements and encourage them for more innovative activities.

10. Encourage participation in community life, including sports, cultural activities, and social events.

11. Promoting positive portrayals of disabilities in media.

12. Strengthening the enforcement of disability laws and policies.

13. Creating a society that is accessible, inclusive, and supportive for everyone, regardless of their abilities. This requires a commitment to disability rights, including the implementation of policies and programs that promote accessibility, equality, and social justice.

14. Promoting the inclusion and participation of people with disabilities is not only a matter of social justice, but also a strategy for building a more vibrant, diverse, and resilient society, it requires a collaborative effort from the government, civil society, the private sector, and individuals

14. Conduct awareness drives, rallies, and workshops to challenge biases and encourage acceptance of people with disabilities.

15. Ensure medical facilities, ramps, elevators, and wide doorways; provide wheelchair-accessible vehicles and public transport.

Findings:

1. Prevalence of Disability: Over 1 billion people worldwide experience significant disability representing approximately 15% of the global population.

2. Employment Disparities: In the US, individuals with disabilities face higher unemployment rates, across all educational levels with disabilities at 7.5 % unemployed nearly double that of their non-disabled counterparts at 3.8%

3. Health Risks: Persons with disabilities are likely to develop conditions such as depression, asthma, diabetes, stroke, Obesity, or poor oral health compared to those without disabilities.

4. Educational Challenges: Children with disabilities are less likely to attend school than non-disabled children across all age groups and settings.

5. Economic impact: Families of children with Cancer in England face an average wait of 7 months to receive disability benefits, leading to substantial financial strain due to additional expenses incurred during treatment.

6. Work Place Discrimination: Studies indicate that individuals with disabilities particularly those with mental health conditions experience higher rates of workplace discrimination compared to other groups.

7. Access to Services: Research highlights that people with disabilities often face barriers in accessing essential services including health care, Education, and Transportation.

8. Isolated: Disabled children should not be isolated from the rest of society as they are likely to face emotional challenges like grief, guilt, inferiority complex, etc.

9. Social Model Advocacy: Disability activists have established the social model of disability, advocating for societal changes to remove barriers and promote inclusion, moving beyond viewing disability solely as a Medical issue

Conclusions:

1. People with disabilities are at higher risk for poor health, need for public health efforts to reduce health disparities and address these issues with more empathy.

2. People with disabilities are usually blessed with unique abilities, this should be properly utilized.

3. Disability is a complex and multifaceted issue that affects millions of people worldwide. It is a natural part of human diversity, and it is essential to recognize and respect the rights and dignity of individuals with disabilities.

4. The experiences of people with disabilities are shaped by a range of factors, including social, economic, cultural, and environmental contexts.

5. Despite the progress that has been made in promoting the rights and inclusion of people with disabilities, there is still much work to be done.

6. Many people with disabilities continue to face significant barriers and challenges including stigma, discrimination, and lack of access to essential services and support.

Representation to Health Minister:

Students sent a Representation to the Health Minister to visit hospitals, hostels, and special homes to know the problems faced by disabled people and, support and provide with necessary facilities so that they can live a comfortable life.

Summary of Findings of Project Works on Climate Challenge - 2024-25

Field Observations:

1. Climate Change affects crop yielding with increased frequency of heat, drought, and floods negatively impacting agriculture.

2. Rising temperatures and changing precipitation patterns alter the distribution and quality of agricultural products.

3. Climate change affects the performance, health, and well-being of livestock, particularly cattle, and increases migration and displacement, especially in low-lying coastal areas and small islands.

4. Changes in temperature and precipitation patterns are causing shifts in plant and animal ranges, and affecting the timing of seasonal events.

5. Some regions are experiencing more intense rainfall events, while others are facing prolonged droughts.

6. Extreme weather events, such as heatwaves, droughts, floods, and storms, are becoming more frequent and intense.

7. The average global temperature has risen by a significant margin since the early 1990's with most rapid warming occurring in the last few decades.

Findings:

1. The term 'Global Warming was used as early as 1975 and became a more popular term in the coming years. NASA scientist James Hansen on June 23, 1988, testified to the U.S. Senate stating that 'the Greenhouse effect' had been detected indicating that the climate was changing.

- 2. Temperature Increase: The average global temperature has risen by about 1^{0} C since late 1800.
- 3. Sea Level rise: The global sea level has risen by about 10-20 cm since 1900.
- 4. Glaciers Melting: The Arctic ice sheets has lost about 75% of its thickness since the 1980's
- 5. Coral bleaching: Rising sea temperature has caused widespread coral bleaching.

6. Climate change alters the ecosystem leading to the extinction of many plants and animal species.

7. Climate change is a major cause of concern today because it is causing significant and potentially catastrophic impacts on the environment, human health, and economics worldwide including extreme weather events like more frequent intense heatwaves, droughts, and floods.

8 Burning fossil fuels, deforestation and extensive land use for agriculture releases carbon dioxide, methane, and other greenhouse gases.

9. The production of meat especially beef and other animal products leads to methane emissions.

10. The expansion of cities and urban areas leads to the destruction of natural habitats and the release of greenhouse gases.

11. The extraction and processing of different minerals results increase in the release of greenhouse gases.

12. Groundwater depletion is caused due to excessive pumping, erratic rainfall in drier areas can put additional stress on groundwater resources, and agricultural intensification and expansion increase risk to groundwater resources.

13. Air pollution affects cardiovascular diseases, lung disease, cancer, asthma, developmental damage

Recommendation for Solutions:

1. Transition to Renewable Energy:

Invest in renewable energy sources: Solar, wind, hydro, and geothermal energy should be prioritized over fossil fuels.

Phase out fossil fuels: Governments and businesses should commit to ending reliance on coal, oil, and gas. **Support research and development:** Continue investing in innovation to improve the efficiency and affordability of renewable energy technologies.

2. Improve Energy Efficiency:

Upgrade buildings: Implement energy-efficient building designs and retrofit existing buildings to reduce energy consumption.

Use energy-efficient appliances: Encourage the use of LED lighting, energy-efficient appliances, and smart home technologies.

Promote sustainable transportation: Encourage walking, cycling, and public transportation, and invest in electric vehicle infrastructure.

3. Sustainable Agriculture and Land Use:

Promote sustainable farming practices: Reduce reliance on chemical fertilizers and pesticides, and adopt practices that improve soil health and carbon sequestration.

Protect forests and other ecosystems: Deforestation is a major source of greenhouse gas emissions, so it's crucial to protect and restore forests and other natural ecosystems.

Encourage sustainable diets: Reduce meat consumption and promote plant-based diets to lower the carbon footprint of food production.

4. Advocate for Strong Climate Policies:

Urge governments to take bold action: Support policies that set ambitious emissions reduction targets and incentivize sustainable practices.

Invest in climate adaptation: Prepare for the impacts of climate change by investing in infrastructure and social programs that can help communities adapt to changing conditions.

Promote international cooperation: Climate change is a global problem, so countries need to work together to address it.

Suggestions for Action:

Suggestions for addressing climate change, categorized for clarity:

Individual Actions:

1. Reduce Energy Consumption:

At Home: Use energy-efficient appliances, LED light bulbs, and smart thermostats.

Transportation: Walk, bike, or use public transport whenever possible, and consider electric vehicles. **Travel:** Minimize air travel and choose sustainable transportation options.

Energy Use: Unplug electronics when not in use, wash clothes in cold water, and hang them to dry.

2. Adopt Sustainable Practices:

Diet: Reduce meat consumption and choose local, seasonal foods.

Waste Reduction: Reduce, reuse, repair, and recycle materials.

Consumption: Buy durable, ethically sourced products and avoid fast fashion.

Water Conservation: Fix leaks, take shorter showers, and use water-efficient appliances.

3. Advocate for Change:

Political Action: Support policies that promote renewable energy and climate action.

Community Engagement: Get involved in local environmental initiatives and raise awareness.

Education: Learn about climate change and share knowledge with others.

Collective Actions:

Invest in Renewable Energy: Transition to solar, wind, and other renewable energy sources.

Promote Sustainable Transportation: Develop public transportation systems, invest in electric vehicle infrastructure, and promote cycling and walking.

Improve Energy Efficiency: Implement energy-efficient building codes and technologies.

Protect Natural Ecosystems: Conserve forests, wetlands, and other natural habitats that absorb carbon dioxide.

Develop Climate-Resilient Infrastructure: Build infrastructure that can withstand the impacts of climate change, such as rising sea levels and extreme weather events.

Support Research and Innovation: Invest in research and development of new technologies and solutions for climate change.

International Cooperation: Work collaboratively with other countries to address climate change.

Policy and Legislation: Implement policies that incentivize sustainable practices and reduce greenhouse gas emissions.

Action taken by Self:

Starting with daily small actions can significantly contribute to the planet's well-being without necessitating significant lifestyle changes or heavy lifting.

1. Switch to cold water for laundry to reduce energy demand, prolong clothing lifespan, and prevent color bleeding, thereby reducing your carbon footprint.

2. Air-dry clothes to reduce energy consumption and carbon footprint, as tumble dryers are energy-intensive appliances. Install a clothesline or buy a folding drying rack.

3. Reduce car usage to combat climate change, reducing fossil fuel consumption and air pollution. Public transport, especially in well-connected areas, is often cheaper and easier to use than gas or parking. Walking or biking can also save money and provide exercise without the need for a gym.

4. Shopping at secondhand shops, online marketplaces, or charity sales, can help minimize the greenhouse gas emissions associated with production and disposal, particularly given the rising cost of living.

5. Reduce plastic use by using reusable straws, coffee cups, water bottles, and cutlery. Look for plastic-free packaging and bring your reusable shopping bags when shopping. This small act can significantly decrease plastic waste in landfills and the ocean, as it releases harmful emissions and requires significant energy.

6. Consuming plant-based meals can reduce resource-intensive meat production and greenhouse gas emissions. Even if not a vegan or vegetarian diet, incorporating more plant-based foods can help reduce environmental impact.

7. Wasted food wastes energy, water, and resources used in production, transportation, and storage. Effectively managing leftovers reduces waste in landfills and produces methane, a greenhouse gas. Preparing leftovers with fresh ingredients and being mindful while cooking and buying groceries can help save energy and reduce waste.

8. Unplug electronic devices when not in use to reduce phantom load, which consumes energy even when turned off.

9. Reduce water usage to conserve freshwater sources, reduce energy consumption, and save money on your water bill. Simple actions like shorter showers, fixing leaks, and installing water-saving fixtures can significantly impact water conservation.

10. Switch to LED light bulbs and energy-efficient appliances for long-lasting, cost-effective solutions. LED bulbs use 75% less energy and last longer, reducing replacement frequency. Look for energy-efficient options for lower utility bills and reduced greenhouse gas emissions.

11. To enhance your home's energy efficiency, consider replacing oil or gas furnaces with electric heat pumps and reducing heating and air conditioning use. Proper insulation, especially in extreme climates, helps keep your home warmer in winter and cooler in summer, reducing energy consumption and saving money.

12. Composting leftover food reduces landfill waste by producing methane, a greenhouse gas. It converts food scraps into nutrient-rich soil, enriching gardens and landscapes. Composting can be done in backyards or community gardens, and some councils collect food waste alongside regular rubbish collection.

13. Plant native species in your yard or garden to support local wildlife and create a balanced ecosystem. Research native plants and avoid mowing lawns, as they require less water, fertilizer, and maintenance. Avoid insecticides and other chemicals to protect local wildlife and promote biodiversity.

14. Engage in community clean-ups to remove litter and pollutants, preventing harm to wildlife and ecosystems. These events raise environmental awareness and encourage sustainable practices. Joining a clean-up with friends or family can be a rewarding weekend activity.

15. Support renewable energy by switching to a provider, installing solar panels, supporting community projects, or purchasing renewable energy credits to reduce your carbon footprint.

Results Achieved:

1. Reducing greenhouse gas emissions can slow down climate change's rate and potentially reduce its severity, including rising sea levels, extreme weather events, and ecosystem disruptions.

2. Climate action is crucial for safeguarding our planet's natural resources, such as clean air, water, fertile land, and diverse ecosystems.

3. Transitioning to renewable energy sources and enhancing energy efficiency can significantly decrease air and water pollution, promoting healthier environments.

4. Investing in climate action can boost economic growth by promoting innovation, establishing new markets, and enhancing infrastructure.

5. Climate action can reduce healthcare costs and improve public health by minimizing air pollution and extreme weather impacts.

6. Climate action can enhance public health by promoting cleaner air and water, thereby reducing the risk of respiratory and waterborne diseases.

7. Climate action promotes social justice by addressing the disproportionate impacts of climate change on vulnerable populations, ensuring everyone benefits from a sustainable future.

8. Sustainable agriculture and climate-resilient food systems can enhance food security in the face of climate change.

Conclusions:

1. The project underscores the urgent issue of climate change and the necessity for collective action,

emphasizing the need for a comprehensive understanding of its causes, effects, and solutions.

2. Human activities are causing climate change, and education on the consequences of burning fossil fuels, destroying biodiversity, and neglecting nature is crucial for addressing these issues.

3. The call to action is urgent, emphasizing the need for decisive action to reduce climate change risks and ensure a sustainable future.

4. Despite challenges, hope and resilience remain for a sustainable future, as we can work together to address climate change and create a better world for future generations.

- 5. Climate change is a long-term issue that necessitates a sustained and comprehensive approach to address.
- 6. Climate change is a multifaceted issue that affects various aspects of society and the environment.

7. Addressing climate change necessitates a collective effort from individuals, governments, and businesses, requiring a comprehensive approach.

Report of Representations to Elected:

Students representation to the Commissioner GHMC, to visit some areas where garbage accumulation has become a common site. These sites are breeding grounds for mosquitoes and other disease-causing insects increasing serious health concerns for residents of the area. Requested the authorities to take immediate action to prevent the spread of diseases in the localities.

Summary of Findings of Project Works on Eve Teasing - 2024-25

Field Observations:

1. As many as 4,823 offenders of eve teasing were arrested, and 6,129 cases were registered by SHE teams in the first six months of 2024.

2. This includes 2,661 cases of teasing and misbehavior, 986 cases of harassment over the phone, 604 cases of stalking, 500 cases of inappropriate touch, 432 cases of harassment, 236 cases of lewd comments, and 700 other cases.

3. A total of 331 SHE teams operate across Telangana monitoring and addressing incidents of harassment.

4. As many as 449 FIRs were registered and 1085 offenders were counseled between January 1 and June 30.

5. Officials from the Women Safety Wing said of the total 2,314 were petty cases and 358 cases are under process.

6. According to police social media platforms including WhatsApp and Facebook book were the key sources for complaints with 1,216 cases, followed by 1,138 direct complaints, 11 cases were received through Twitter and 32 were reported through email.

7. As many as 3,366 offenders were caught red-handed.

8. According to the Police department majority of offenders [2,630] fall in the age group of 19 - 25 years, followed by the age group 26 - 35 years and 936 Minors.

Findings:

1. The preliminary survey was exploratory and there is a clear need to develop a comprehensive survey to administer to more women in different Indian cities. There is also a clear need to initiate gender-based planning to integrate crime-prevention design into transportation planning. One area that comes to mind is the design of buses.

2. It is very common in present-day society that the main causes of Eve- teasing are lack of awareness, education, family values, social media impact, wrong portrayal of characters in movies, lack of positive attitude towards women in the society, and gender discrimination in the society.

3. Peer influence and pressure where teasing against women is an accepted and cool behavior or sign of masculinity. Also, a harmful stereotype notion persists that women like teasing.

4. The normalization of eve-teasing can be attributed to inadequate laws, weak enforcement, and public awareness, with perpetrators often facing minimal consequences.

5. The four-factor theory of sexual harassment explains why offenders engage in eve teasing, considering individual power and attraction, as well as external factors like the social environment.

6. Socialization often portrays males as dominant, and assertive, while females are submissive and passive, potentially enabling eve-teasing due to power dynamics.

7. Eve-teasing is a prevalent issue due to deeply ingrained patriarchal structures, where women are often seen as objects of male attention, and men are given more power and freedom.

Recommendation for Solutions:

Public Awareness Campaigns: Education plays a crucial role in combating eve teasing. Raising awareness about its impact on women's lives and promoting respect for their dignity is essential. Communities must

understand that eve- teasing is not just a minor nuisance, but a serious offense that violates a woman's right to safety.

Stronger Law Enforcement: To prevent eve-teasing, laws must be enforced more effectively. Increased patrolling, especially in congested public areas, can discourage perpetrators. Law enforcement agents must be trained to handle such matters sensitively and effectively.

Empowering Women: Women should be encouraged to speak up against harassment and pursue legal action. Self-defense training, legal information, and support from authorities can help women deal with eve-teasing occurrences confidently.

Bystander Intervention: Bystanders should be trained to identify eve teasing and intervene safely. Community education initiatives can help people recognize inappropriate behavior and take steps to help victims.

Support Systems for Victims: Victims of eve-teasing should have access to counseling and legal support. Establishing helplines and offering legal advice ensures people receive the assistance they require.

Encouraging Reporting: All citizens are encouraged to report any kind of harassment they witness as a social responsibility, even if they are not directly impacted or affected.

What men can do to stop harassment: Avoid self-harm, learn about harassment issues, avoid collaborating with harassing groups, act to frustrate or oppose harassment, and refuse to participate in such activities.

Suggestions for Action:

The fight against eve-teasing requires a multifaceted approach, including strong legal frameworks, cultural shifts, and community involvement. Women's safety is paramount, and every individual plays a role in creating safer environments. Eve teasing will only be eradicated if there's a collective effort to uphold women's dignity and rights.

India's legal system may not have a separate Eve Teasing Act, but several provisions under the **Indian Penal Code (IPC)** address Eve Teasing and other forms of sexual harassment.

Key Legal Provisions:

- 1. Section 294 IPC: This section criminalizes obscene acts and songs in public places, punishable by imprisonment of up to three months, a fine, or both.
- 2. Section 354 IPC: This provision penalizes assault or criminal force against a woman with the intent to outrage her modesty. It includes various forms of eve teasing and can result in imprisonment for up to two years, a fine, or both.
- 3. Section 509 IPC: This section punishes any word, gesture, or act intended to insult the modesty of a woman. Offenders can face imprisonment for up to three years and a fine.
- 4. Section 354D IPC (Stalking): This section penalizes stalking, where a person follows or monitors a woman's movements without her consent. Eve teasing in the form of stalking is also covered here.

Action taken by self:

1) Be aware of your surroundings and who is around you. If you see someone who makes you uncomfortable, try to move away from them or put some distance between you and them.

2) Don't be afraid to stand up to bullies. Always remember you are the victim, and they are the aggressor. You don't need to feel guilty about standing up to injustice.

3) Trust your instincts. If something isn't right, it probably isn't right.

4. Speak up and react: As stressful as it might be, you do not want to let the harasser go free without facing the consequences of their actions.

5. People are often more than happy to help victims of such situations in public places. Raise the alarm as soon as you feel something is wrong.

6. Call the authorities: Taking legal proceedings against such miscreants is essential. Call the police and file an official complaint. Let the legal system deal with the problem.

7. Seek help: One of the most important steps toward recovery from eve teasing is seeking help. Trauma, if left unaddressed, can cause long-term damage to the victims. Meeting a therapist or counselor is highly recommended after going through something as stressful as eve-teasing.

Results Achieved:

Women can be made strong by guiding them to follow these rules to get the desired results.

1. Prevention and Awareness:

Be Alert and Aware: Pay attention to your surroundings and be mindful of potential risks.

Walk Purposefully: Project confidence through your posture and gait.

Use Public Transport Strategically: If possible, travel in groups or utilize well-lit and populated areas. **Keep Safety Tools:** Consider carrying a whistle, pepper spray, or other self-defense tools.

Learn Self-Defense Techniques: Consider taking a self-defense class to improve your ability to protect yourself.

2. Confronting Eve-Teasing:

Confront the Harasser: If you feel safe, calmly but firmly tell the harasser to stop their behavior.

Prepare a Stock Sentence: Practice a phrase like "Stop staring at me" or "Leave me alone" so you can use it confidently.

Raise the Alarm: If you feel unsafe, yell for help or make noise to attract attention.

Don't Engage in Arguments: Avoid escalating the situation by arguing or getting into a fight.

3. Seeking Help and Reporting:

Report the Incident: If you are harassed, report the incident to the police or other authorities.

Know Your Rights: Familiarize yourself with the laws regarding eve-teasing and sexual harassment.

Seek Support: Talk to trusted friends, family members, or counselors about your experience.

Utilize Technology: Consider using apps or GPS trackers to enhance safety and facilitate quick

communication with authorities.

4. Bystander Intervention:

Recognize Eve-Teasing: Be aware of the signs of Eve-teasing and know how to intervene safely. **Intervene Safely:** If you witness eve-teasing, intervene by calling the police, distracting the harasser, or offering support to the victim.

Don't Cooperate with Harassment: Refuse to join in or participate in any form of harassment. 5. Legal Recourse:

Understand the Laws: Familiarize yourself with the laws regarding eve-teasing and sexual harassment. **File a Police Report:** If you are a victim of eve-teasing, file a police report to initiate an investigation. **Seek Legal Counsel:** Consult with a lawyer to understand your rights and options.

Conclusions:

Eve teasing continues to be a major challenge in India, but with the right legal provisions and social changes, we can create safer public spaces for women. It is important to educate the public about the seriousness of eve-teasing and ensure that perpetrators are held accountable.

Eve teasing against minors is also a rampant problem in many countries. Eve teasing can severely impact its victims, causing them to feel scared, humiliated, and alone. There are several ways that parents can support their children if they are being subjected to eve-teasing. Firstly, it is essential to talk to your child about what is happening and let them know that they are not alone.

You can help your child to build their confidence and self-esteem by supporting them in their everyday lives. If you or someone you know has been a victim of eve teasing, you can talk to the best mental health experts. It is not only a matter of public harassment but a reflection of deeper societal flows, such as gender inequality, patriarchal mindset, and inadequate legal enforcement.

The impact of Eve's teasing lasts psychological scars on victims and fosters an atmosphere of fear and insecurity. To address this issue a collective effort is required from individuals, communities, and authorities. Strict laws must be effectively enforced and perpetrators must face appropriate consequences.

Report of Representations to Elected:

1. Students presented a report on eve teasing to authorities of the SHE team about an incident, requesting them to look into the matter on a priority basis and take necessary action to curb the offenders.

Compiled by: Syed Jafer Husssain Quadri Consultant, COVA Peace Network Hyderabad Email: cova@covanetwork.org